

Wraparound: Providing Hope to Families with Complex Needs

Mississippi Wraparound Institute

2018

Adapted from content developed by the National Wraparound Implementation Center

Meet Willie..

Throughout his childhood, Willie came into contact with all of the following groups:

Division of Social Services

Administrative Office of the Courts

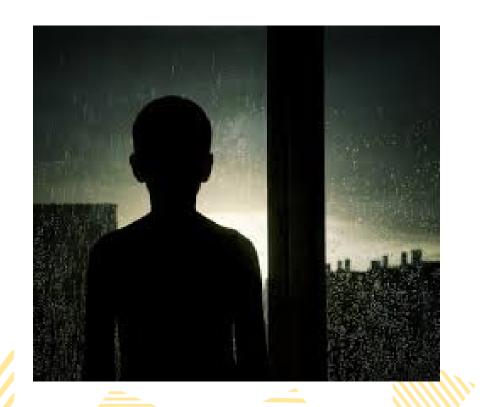
Division of Youth Services

Division of Mental Health, Mental Retardation and Substance Abuse Services

Department of Public Instruction

Caring people from each agency undoubtedly tried to help within the services they had available, but they didn't have a way to work together yet.





How did wraparound start?

The Willie M. Decision

- The Willie M. Decision stated the state's agreement to provide each child under 18 "placements and services as are actually needed as determined by an individualized habilitation plan rather than such placements and services as are currently available. If placements and services actually needed are not available, the person shall be entitled to have them developed and implemented within a reasonable period."
- Dr. Lenore Behar of North Carolina coined the term wraparound in the early 80's as part of her work to develop this mandated new service delivery system involving an array of community-based services to individual families.



What is Wraparound?

Wraparound is a way that communities can work together to support and empower families. It builds on the teamwork of a committed group of family, friends, community, professional, and cross-system supports by getting EVERYONE on board to do what they do best. Wraparound results in the creation of a plan of care that incorporates the families' talents, hopes, and dreams; the team's input; and individualized, future-focused strategies.



How did we get here in Mississippi?

Mississippi was awarded the grant (a 1915c waiver) and named it Mississippi Youth Programs Around the Clock (MYPAC).

MYPAC Waiver started as a demonstration project

First statewide Wraparound training was provided. The end of the enrollment period for the MYPAC Waiver demonstration project. A total of 1,402 children and youth were enrolled in the project.



What now?

- MYPAC is now a state funded program instead of a waiver
- Wraparound is available to children and youth outside of MYPAC System of Care grants Stand alone "service"
- Total number of individuals that received Wraparound in 2018 was 1760 and 756 of those were diverted from out-of-home placement
- Since July 2014, more than 1000 individuals have been trained in Wraparound facilitation skills.

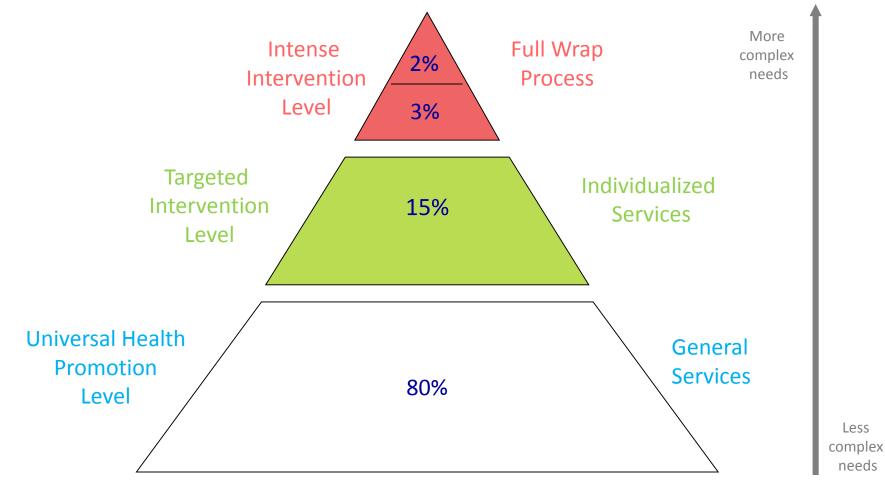


Current status of Wraparound in Mississippi

- There are 13 providers registered with the Mississippi Wraparound Institute.
- Through these providers, Wraparound is available to families in every county in the state.
- Mississippi DMH/DOM requires that providers serving this population facilitate high-fidelity Wraparound and continuous quality improvement paired with ongoing training and support from MWI are required to secure reimbursement for these services.
- Efforts to implement and improve the provision of Wraparound across the state was key in satisfying federal mandates established due to recent Department of Justice intervention in our state.



We are all a part of our system of care...



Target Population

- Wraparound is designed for families meeting the following criteria:
- 1) The youth is experiencing severe emotional, behavioral, or mental health difficulties.
- 2) The youth is in, or at risk for, out of home/institutional/restrictive placements; and
- 3) The family is involved in multiple child and family-serving systems (e.g. child welfare, mental health, juvenile justice, special education, etc.)



In Mississippi, Wraparound is currently provided for families as a mental health service.

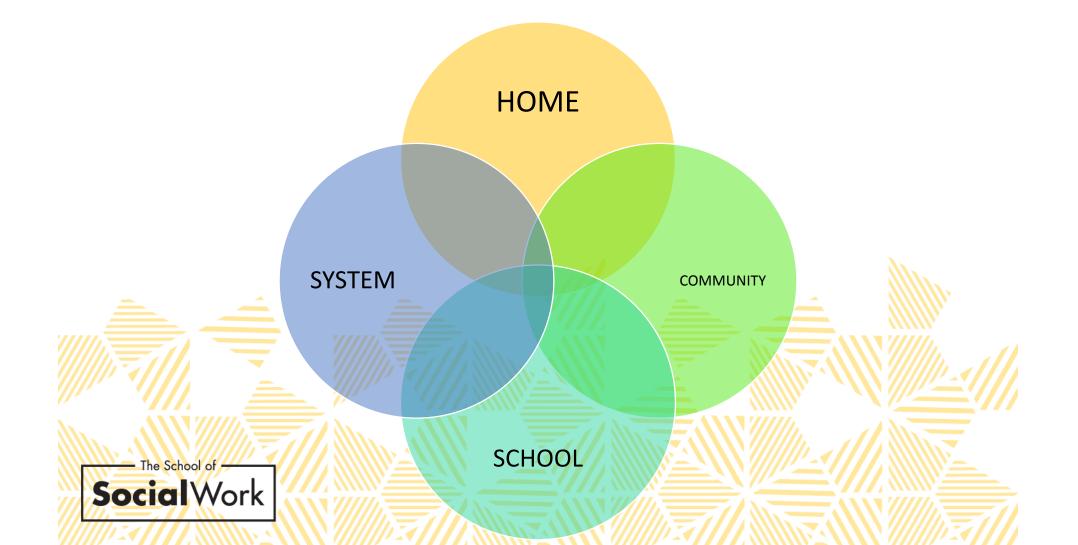
But...

Wraparound is NOT a clinical service. It is a planning process that incorporates clinical insight as one of the many ways that families can choose to have their needs met.





Where do youth live their lives?

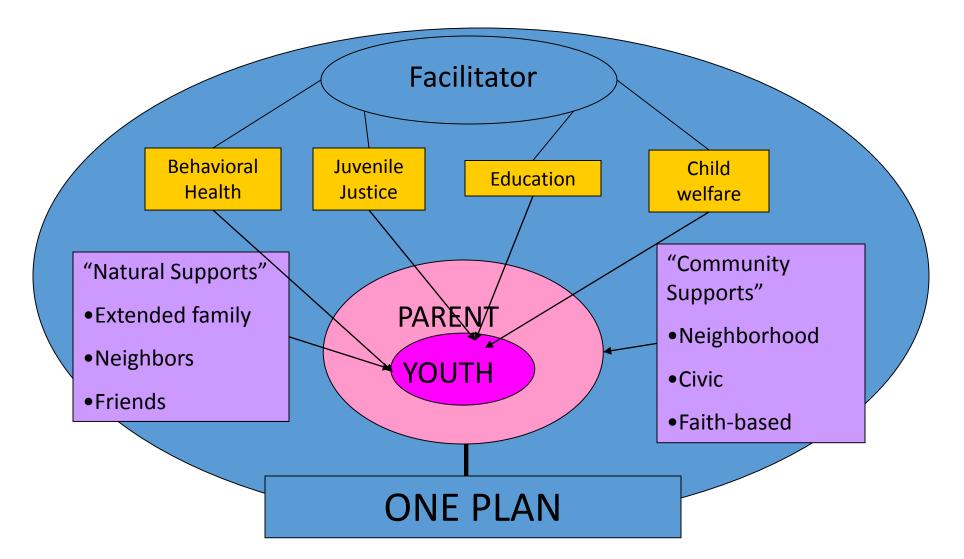


We agree that what happens in one life domain impacts how we function in others....

How effective can we expect plans to be that do not take all aspects of family life in to account?



In wraparound, a facilitator coordinates the work of system partners and other natural helpers so there is one coordinated plan



Laura Burger Lucas, ohana coaching, 2009

The Wraparound Process creates opportunity for change...

- The Wraparound Process provides a structure for schools to participate in proactive partnerships between families and community supports.
- These partnerships that cross life domains are essential in order to be able to arrange successful environments around students with complex emotional/behavioral needs.
- Families that have had a lot of contact with the school but little success so far can feel reassured that they alone are not expected to change the problem behavior. THE TEAM WORKS TOGETHER FOR CHANGE.



How is Wraparound different from traditional service delivery in schools?

- Focus on connecting families, schools and community partners in effective problem-solving relationships.
- Family and youth voice guide the design and actions of the team.
- The team composition reflects each unique youth and family's strengths and needs.
- The team establishes the commitment and capacity to design and implement a comprehensive plan over time that gets results.
- The plan addresses outcomes across home, school and community through one comprehensive plan that works.



Wraparound Connects Families and Teachers

- For youth with complex needs, it is often found that "expert-focused" intervention plans do not work in the context of real classrooms.
- The framework for collaborative planning that occurs in the Wraparound process creates an environment in which a range of interventions are more likely to work.
- Wraparound can tailor supports for teachers that may need help with meeting the unique needs of a student



Wraparound is NOT Case Management...

- A Case Management model and Wraparound Facilitation are very different approaches.
- Wraparound Facilitation is reserved for children and youth that have tried traditional system approaches such as case management and outpatient therapy without lasting success.
- Families that are referred to Wraparound need something different!



Wraparound ensures that families have...

- ACCESS to needed resources and services as well as to the people and settings where decisions are made about their lives.
- VOICE In Wraparound, it is the facilitator's job to make sure that the family's voice is always heard and that the family feels empowered to speak up. Families are acknowledged as and empowered to be "full decision makers in charge of their own lives."
- •OWNERSHIP Families in Wraparound must feel that they are leaders in the planning process in partnership with the team. If the family is not in agreement and committed to carrying out the plan, the plan must be revised until the family can recognize it as <u>their plan</u>.



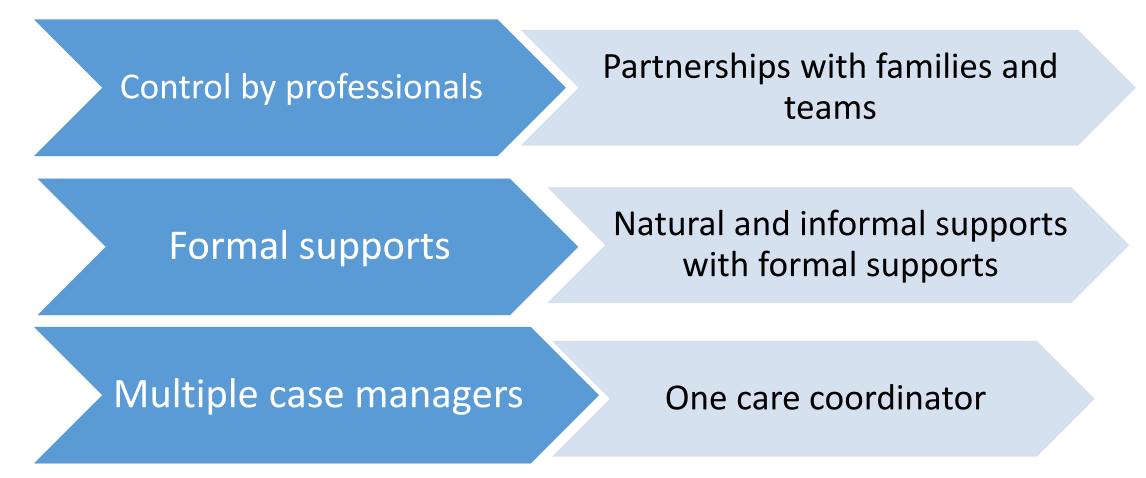
How is wraparound different?

"Nothing about us without us"

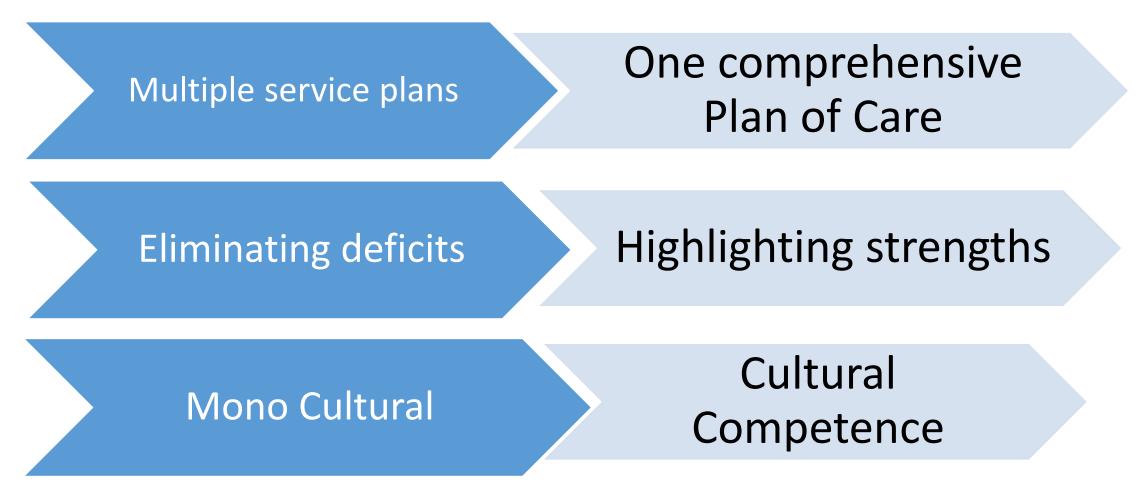




How is Wraparound different? The Practice Shift



How is Wraparound different? The Practice Shift

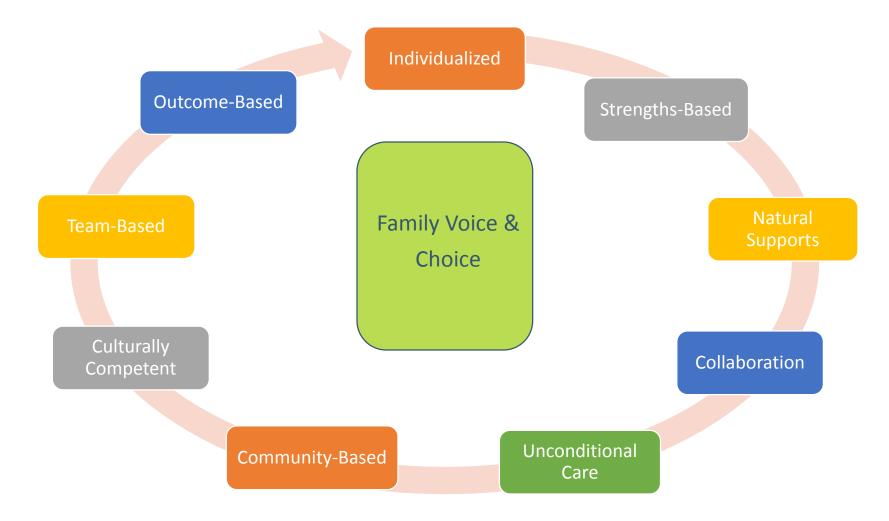


Shifting how we look at behavior...

Traditional models view high risk behavior as "bad" or engaged in only for the behavior's sake In Wraparound, we believe that challenging behavior is the result of an unmet need This results in an approach that seeks to meet needs in order to help behavior change.



Principles of Wraparound



FAMILY VOICE AND CHOICE



INDIVIDUALIZED



STRENGTH-BASED



NATURAL SUPPORTS



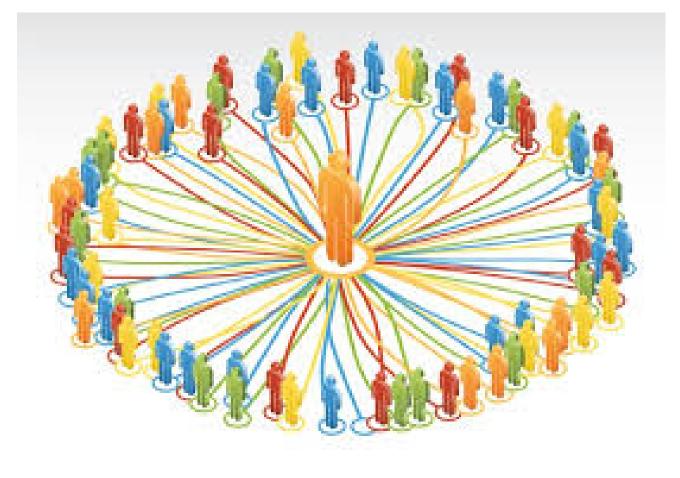
COLLABORATION



UNCONDITIONAL CARE



COMMUNITY-BASED



CULTURALLY COMPETENT



TEAM-BASED



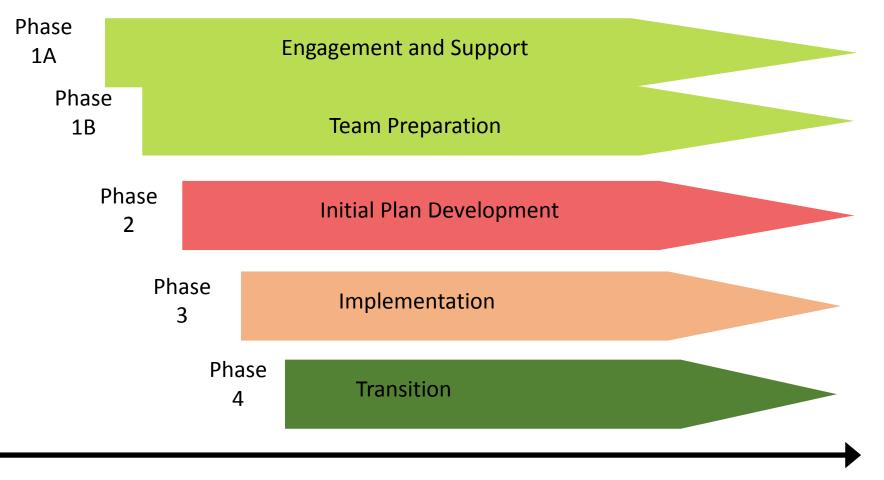
Activity



OUTCOME-BASED

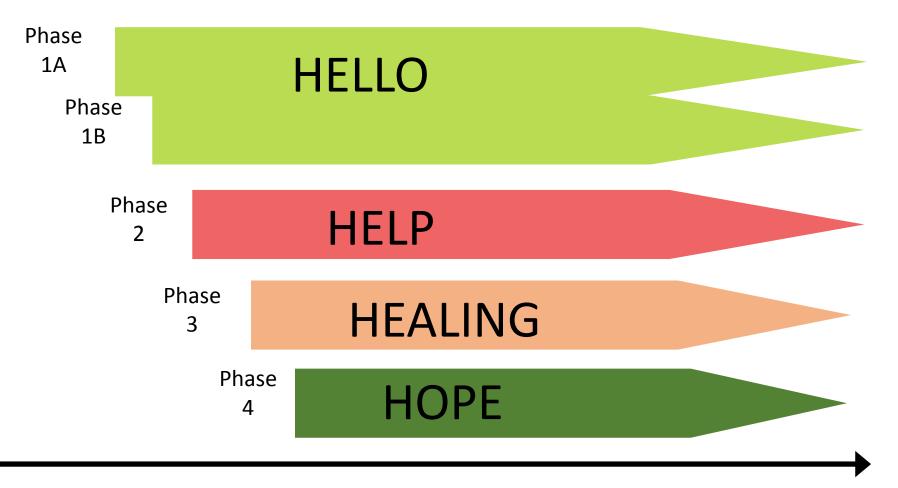


The Phases of Wraparound



Time

The Phases of Wraparound



HOPE HAPPENS WHEN HEALING HELP IS PROVIDED.

Jobs associated with Wraparound

- Wraparound Facilitator- facilitates the process by ensuring the activities in each phase are carried out and facilitates the Child and Family Team meetings
- Supervisor- manages the facilitator and uses tools associated with high fidelity wraparound
- Parent Peer Support Partner/Peer Support Specialist- a legacy family member that has experience as a caregiver to a child with mental health challenges or as a youth growing up with complex needs

 Team Members- Informal or formal supports that live or work in a community that have a vested interest in a child, youth or family



Where do others fit in?

- Community Members: Be on the lookout for families in your community that have complex needs. Help reframe their struggles in terms of unmet needs and try to see how their situation makes sense in the context of their lives. Offer support and help others to see their strengths, capabilities and successes.
- Professionals: Offer to be team members. Infuse strength-based discussions into your meetings and approaches to working with youth and families.
- Service providers: Infuse the values of wraparound into your daily work. Learn more about wraparound or continue to build your skills.
- Administration/Supervisors: Contribute to system of care efforts in your region. Support implementation efforts to help families in your communities feel empowered, connected and successful.



Current Certified Wraparound Providers in Mississippi

- Brentwood
- Bruce Professional Counseling
- Canopy Children's Solutions
- Catholic Charities
- Communicare
- Health Connect of America
- Life Help (Region 6)
- Marion Counseling
- Methodist Children's Home
- Pine Belt Mental Healthcare Resources
- Region IV
- Weems Mental Health Center
- Youth Villages



NEVER DOUBT THAT A SMALL GROUP OF THOUGHTFUL COMMITTED CITIZENS " CAN CHANGE THE WORLD: · INDEED IT'S THE ONLY THING . . C WTHAT EVER HAS.

MARGARET MEAD

References

Miles, Patricia, Meyers, Mary Jo., & Franz, John (2014). *Rethinking Wraparound: Hello, Help, Healing and Hope*

- *The Heart and Soul of Change: What Works in Therapy* by Mark A. Hubble, Barry L. Duncan, & Scott D. Miller (Eds.). (1999). Washington, DC: American Psychological Association.
- Guthrie, Kendall, & Finger, Bill (1983). "Willie M." Treatment for Disturbed Youngsters, Ambitious Community-Based Service System Lurches Forward, N.C. Insight
- Walker, J.S. (2008). *How, and Why, Does Wraparound Work: A Theory of Change*. Portland, OR: National Wraparound Initiative, Portland State University.
- Duncan, Barry L., Miller, Scott D., Sparks, Jacqueline (2007). *Common Factors and the Uncommon Heroism of Youth*. Psychotherapy in Australia, Vol. 13, No. 2.

Duncan, Barry L. (2010). On Becoming a Better Therapist. Washington, DC: American Psychological Association.

Introduction to Wraparound Training (2014). National Wraparound Implementation Center

Engagement in the Wraparound Process (2013). National Wraparound Implementation Center

Eber, L. (2008). Wraparound: A key component of school-wide systems of positive behavior supports. In E.J. Bruns & J.S. Walker (Eds.), *The resource guide to wraparound*. Portland, OR: National Wraparound Initiative, Research and Training Center for Family Support and Children's Mental Health.





MS Wraparound Training Initiative website www.usm.edu/MWI



For Questions Additional Training and Technical Assistance On-site support

wrap@usm.edu 601.266.6112